



CHECKLIST

Witness checklist: responding to a riding accident

- ☐ Stop your horse and keep your distance from the fallen rider

- ☐ Watch for signs of serious injury without crowding the scene

- ☐ Call nine-nine-nine if the rider is unconscious or in severe pain

- ☐ Follow the instructor's directions without offering your own assessment

- ☐ Help contain any loose horses by closing gates or staying calm

- ☐ Give a factual account of what you saw to the instructor or manager

- ☐ Check your own wellbeing and talk to someone if the incident affects you

- ☐ Step back when professional help arrives and let them take over
