CHECKLIST

Checklist before deciding on riding lessons

- [ ] Have an open conversation without attaching any immediate decision
- [ ] Speak privately to the instructor about what they have noticed
- [ ] Offer a trial break with a clear end date and revisit at that time
- [ ] Watch whether your child engages with horses outside lessons during the break
- [ ] Consider practical fixes like changing lesson times or trying a different group
- [ ] Let your child lead the final decision once you have explored all options